

## Oesophageal and Gastric Cancer Service at Western Health:

Western Health provides a multi-disciplinary Upper GI Cancer Service which is actively involved in clinical trials. We have a specialist team of upper GI surgeons, medical oncologists, radiation oncologists, radiologists, palliative care physicians and pathologists working together to provide an integrated comprehensive service.

## Alarm Symptoms:

The following alarm symptoms should trigger an immediate referral to an Emergency Department:

- Patients presenting with haematemesis and/or melaena
- Patients who are clinically unstable

## Access & Referral Priority Oesophageal and Gastric Cancer:

The clinical information provided in your referral will determine the triage category. The triage category will affect the timeframe in which the patient is offered an appointment.

<b>URGENT</b> <b>Appointment timeframe 30 days</b>	<b>ROUTINE</b> <b>Appointment timeframe greater than 30 days, depending on clinical need.</b>
<p>Any patient with symptoms or investigations indicating a suspicion of oesophageal or gastric cancer:</p> <ul style="list-style-type: none"> <li>• Endoscopic evidence of suspected malignancy or biopsy proven cancer</li> <li>• New onset or rapidly progressive dysphagia</li> <li>• New onset or rapidly progressive epigastric pain (&gt;2weeks)</li> </ul>	<ul style="list-style-type: none"> <li>• Persistent epigastric pain/ dyspepsia – despite 4 weeks PPI</li> <li>• Pain on swallowing</li> <li>• Food bolous obstruction</li> <li>• Anaemia – hemodynamically stable</li> <li>• Unexplained weight loss</li> <li>• Early satiety</li> </ul>

## Condition Specific Referral Guidelines:

Key information enables Western Health to triage patients to the correct category and provide treatment with fewer visits to specialist clinics, creating more capacity for care. If key information is missing, you may be asked to return the referral with the required information.

<b>Condition:</b>	<b>Key Information Points:</b>	<b>Clinical Investigations:</b>
Any patient with symptoms indicating a suspicion of oesophageal or gastric cancer	<ul style="list-style-type: none"> <li>• Past medical history including family history</li> <li>• Symptoms and signs</li> <li>• Clinical symptoms and examination findings</li> <li>• Medication list</li> <li>• Details of smoking and alcohol use</li> </ul>	<ul style="list-style-type: none"> <li>• Gastroscopy reports if performed previously</li> <li>• Full Blood count</li> <li>• Urea, electrolytes and creatinine</li> <li>• Liver function test</li> </ul>