

Adolescent Community Programs



Western Health

We are a youth drug and alcohol service supporting young people aged 12 - 25 and their families either living , working , studying or have connections to the Western Suburbs of Melbourne .
Our service is free , inclusive , confidential and safe



Located at 49 Nicholson Street ,
Footscray. Accessible via public
transport



0481 919 975 (phone or text) or
8345 6682



Open 8:30 am – 5:00pm Monday – Friday



WHDHS@wh.org.au

www.westernhealth.org.au



We offer flexible short and long term treatment options:



In person: you can come to us



Youth Outreach: We can come to you and meet you in a comfortable and safe space - cafe, school or in your home.



Phone / Telehealth: appointments are also available

Brief Intervention Family Work: A structured family centred, nonjudgmental therapy based on the principles of harm reduction, delivered over 1-6 sessions. Appointments can be made to suit you, centre based, outreach, telephone or online.

Home-based withdrawal: If appropriate, we could support you to safely detox in your own home

Residential withdrawal Unit: This 7 – 10 day statewide program offers a safe, supportive environment for adolescents (ages 12-25) withdrawing from alcohol and other drugs.

Clinics: We can connect and support you to access Addiction Medicine Specialist services including onsite nursing support.

You will be treated in a kind , fair and respectful manner and we ask the same of you.

We will support you throughout your journey.



for more
information

