

Faeces for Microbiology

Preparation

Wash and dry your hands before and after collecting the specimen.

Collecting the specimen

1. Pass your faeces (poo) directly into the disposable container. Do not let any urine (wee) get into the disposable container with your faeces.
2. Use the scoop to collect a walnut sized sample (or 50c piece size) into the specimen pot. If one pot was provided, collect one sample only. If two pots were provided collect two samples from the same faeces (using a clean scoop each time). Screw the lid on tightly.
3. Write the collection date and time on the label.
4. Place the disposable container into a plastic bag and throw into the rubbish bin. Wash your hands.
5. Place the specimen pot and request form into the back pocket of the collections bag.

Equipment



1 x specimen pots.
1 x scoops found inside specimen pot



1 x collection bag



1 x clean container to collect faeces (not provided)



Safety Precautions

The specimen pot contains a preservative.
Read warning on the label.

Labelling the specimen

Label the specimen by writing:

- Full name (first & last name)
- Date of birth
- Record Number (if known)
- Date & time you collected each specimen.

Delivering the specimen

Deliver all three samples to a pathology collection centre as soon as possible.

Keep all samples in the fridge if you cannot deliver them within two hours of collection.

See next page for full list of collection centres