

Urine for Cytology

Preparation

- Wash your hands before you collect the specimen.
- Collect specimen in the morning, three days in a row.
- **Collection begins with the second urine you pass.**

Collecting the specimen

1. Empty the first urine (wee) you pass directly into the toilet before you start the collection. This is not to be collected into the specimen pot.

Collect the second urine you pass.

It is important to collect the **middle stream of urine (wee)**. This means you should let a little bit of urine go into the toilet before you start collecting urine in the pot.

2. Start passing urine directly into the toilet. After 3 to 4 seconds, **without stopping the flow**, place the specimen pot into the urine stream to collect the middle stream of urine. Fill the specimen pot at least halfway. Finish passing urine into the toilet.
3. Screw the lid on tightly. Write the collection date and time on the label. Place the specimen pot into the collection bag and **place the collection bag in the fridge**.
4. Wash your hands.
5. **Repeat steps 1 to 4** on day two.
6. **Repeat steps 1 to 4** on day three. **Do not place the third specimen in the fridge** unless you cannot deliver it to the collection centre within two hours of collection.

Equipment



3 x specimen pots



1 x collection bag



Safety Precautions

None for this test

Labelling the specimen

Label the specimen by writing:

- Full name (first & last name)
- Date of birth
- Record Number (if known)
- Date & time you collected each specimen.

Delivering the specimen

Deliver all specimens to a pathology collection centre on the same day the last sample is collected.

Keep all the specimens in the fridge if you cannot deliver it within two hours of collecting the last sample.

See next page for full list of collection centres