

Urine for Micro and Culture

Preparation

- Wash your hands before collecting the specimen.
- **Male Patients:** use the sterile water wipes to clean the tip of the penis. If you are not circumcised, gently pull back your foreskin first and then wipe.
- **Female Patients:** separate the labia (the folds of skin around your vagina) and use the sterile wipes to clean from front to back.

Only use the sterile water wipes provided. Do not use soap and water. Do not use a regular household wipe. Once finished, put the used wipes in the bin.

Collecting the specimen

It is important to **collect the middle stream of urine (wee)**. This means you should let a little bit of urine go into the toilet before you start collecting urine in the specimen pot.

1. Start passing urine directly into the toilet. After 3 to 4 seconds, without stopping the flow, place the specimen pot into the urine stream to collect the **middle stream of urine**. Fill the specimen pot at least halfway. Finish passing urine into the toilet.
2. Screw the lid on tightly. Write the collection date and time on the label. Place the specimen pot into the collection bag. Wash your hands.
3. Place the specimen pot and request form into the collection bag

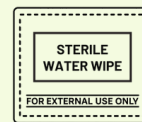
Equipment



1 x specimen pot.



1 x collection bag



Sterile water wipes



Safety Precautions

None for this test

Labelling the specimen

Label the specimen by writing:

- Full name (first & last name)
- Date of birth
- Record Number (if known)
- Date & time you collected each specimen.

Delivering the specimen

Deliver the specimen to a pathology collection centre on the same day it is collected.

Keep the specimen in the fridge if you cannot deliver it within two hours of collection.

See next page for full list of collection centres