

## Urine for Mycobacteria

### Preparation

- Wash your hands before you collect the specimen.
- Collect specimen in the morning.

### Collecting the specimen

1. Urinate (wee) directly into the specimen pot until your bladder is empty. Collect as much urine as possible without overfilling the specimen pot.
2. Screw the lid on tightly. Write the collection date and time on the label. Place specimen container into the collection bag. Wash your hands.
3. Place the specimen pot and request form into the collection bag.
4. Wash your hands.

If your doctor has asked for more than 1 sample, **repeat steps 1 to 4**, three days in a row.

- Day 1 and 2: Repeat steps 1 to 4 and store it in the fridge.
- Day 3: Collect your third (final) sample.

### Equipment



1 x specimen pot.



1 x collection bag



### Safety Precautions

None for this test

### Labelling the specimen

Label the specimen by writing:

- Full name (first & last name)
- Date of birth
- Record Number (if known)
- Date & time you collected each specimen.

### Delivering the specimen

Deliver all specimens to a pathology collection centre on the same day the last sample is collected.

Keep all the specimens in the fridge if you cannot deliver it within two hours of collecting the last sample.

**See next page for full list of collection centres**